Green Leaf
Community
of Appalachia

Reducing Energy Costs This Winter

1. **Use the sun.**
    Open your curtains and blinds and the sun will do the rest. Placing mirrors across from windows can increase the effect.

2. **Dress warm.**
    You could save around $180 per year by turning your thermostat down two degrees and wearing warm clothing. Turning it down more during the night can save you even more.

3. **Use fans.**
    Homes that have better airflow can be more energy efficient. If you have ceiling fans make sure you switch them to rotate counter-clockwise.

4. **Get a humidifier.**
    You can get a humidifier for around $15 and since moist air holds heat better it can make a positive impact on your energy bill.

5. **Limit use of exhaust fans.**
    Exhaust fans in your kitchen and bathroom pull hot air out of the home. Use them sparingly.

6. **Invest in a window insulator kit.**
    Leaks around windows lead to uncomfortable drafts and energy losses. You can buy a window insulator kit for around $11.

7. **Only heat rooms you use.**
    If you have unused or rarely used rooms, close and seal off the vents and the doors to be more energy efficient.

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