RESOURCE GUIDE

Raleigh County Provided by the Green Leaf Community

Children Services

- Mountain Heart 304-253-8306 (Day Care Support)
 - o Birth to Three Support for children ages birth to three who have a delay in their development.
- RCCAA Raleigh County Community Action Association 304-252-6396
 - Head Start 3-5yrs.
- Mac Toy Fund (Free Toys at the Armory on the Saturday before Christmas)

Clothes

- <u>Dream Center</u> 304-252-3402 (Free Clothing for families in need)
- DHHR 304-256-6930 (Annual school clothing allowance)
- Salvation Army 304-253-9541 (Clothing with referral from DHHR)
- Goodwill 304-256-0802 (Clothing with referral from DHHR)

Crime & Violence

- 911
- Beckley City Police 304-256-1710
- Raleigh County Sherriff 304-255-9300

Disabilities

- <u>Division of Rehabilitation Services</u> 304-256-6900 (Employment support)
- Mountain State CIL 304-255-0122 (Independent living support)

Education

• Beckley Adult Basic Education 304-256-3964 (GED)

Employment Opportunities

- Work Force of WV 304-250-0294
 - o Provides job leads based upon work history, abilities and interest
- Saunders Staffing 304-256-0560
 - o Part-time and temporary job opportunities
- Experience Works 304-253-2799
 - o Job opportunities for senior citizens
- <u>Division of Rehabilitation Services</u> 304-256-6900
 - o Employment support for those with a disability

Families

- KISRA 304-252-5657
 - o Offers health training, job options, mentoring for fathers, financial training

Finances

- Apprisen Advocates 304-255-2499
 - o Budgeting, debt management, counseling (no fees for services)
 - This is a phone service only

Food

- <u>DHHR</u> 304-256-6930
 - o The Supplemental Nutrition Assistance Program formerly called Food Stamps
- Carpenter's Corner Prince Street; (Free Lunch from 11-1)
- <u>Dream Center</u> 304-252-3402 (Food on 3rd and 4th Saturdays)
- Helping Hands 304-253-3467

Hotlines

- Adolescent Crisis Intervention & Counseling Nineline 1-800-999-9999
- Alcohol/Drug Abuse Hotline 1-800-662-HELP
- Domestic Violence Hotline 1-800-799-SAFE

- Rape, Abuse, Incest, National Network 1-800-656-HOPE
- Suicide Prevention Lifeline 1-800-273-TALK
- National Problem Gambling Helpline 1-800-522-4700
- Veteran Crisis Line 1-800-273-8255 and Press 1

Housing Assistance

- Beckley Housing Authority 304-256-1772
 - HUD housing assistance for city
- Raleigh County Housing Authority 304-255-5164
 - o HUD housing assistance for county

Legal Services

- <u>Legal Aid of WV</u> 304-255-0561
 - Offers free lawyer services for civil legal problems
- Beckley Human Rights Commission 304-256-1777
 - o Prohibits discrimination in employment and in places of public accommodations

Medical Services

- <u>Beckley Raleigh County Health Department</u> 304-252-8531
- DHHR 304-256-6930 (Medicaid)
- Access Health 304-252-8555 (Offers sliding scale health care)
- <u>Hospice of Southern WV</u> 304-250-6040 (End-of-life care)

Mental Health Providers

- FMRS 304-256-7100 (Adult, Adolescence and Children's Behavioral Health Services)
- <u>Veteran's Administration</u> 304-255-2121 (Mental Health Services for Veterans)

Pregnancy & Newborn

• DHHR 304-256-6930

- o Breastfeeding Promotion and Support; Pregnancy and Pediatric Nutrition Surveillance
- WIC Raleigh County 304-255-9034
 - o Nutrition Program for Women, Infants and Children (WIC)
 - o Breastfeeding and Nutritional Counseling
- <u>Dream Center</u> 304-252-3402 (Free Diapers)

Seniors (55 Years and Older)

- Raleigh County Commission on Aging 304-255-1397
 - o Home delivered meals, personal care services
- Experience Works 304-253-2799
 - Job opportunities for senior citizens

Substance Intervention

- FMRS 304-256-7100 (Addictions Recovery)
- One Voice 681-238-5724 (A faith based program)
- Brian's Safe House 304-763-7655 (13 month men's program)
- Alcoholics Anonymous AA; Narcotics Anonymous NA; 304-252-9444

Spiritual Direction

- Green Leaf Community
- Attend the church of your choice

Support Groups

- Domestic Violence 304-255-4066
- AA and NA 304-252-9444
- Bereavement/Grief 304-250-6040
- Traumatic Brain Injury 304-575-5995
- Alzheimer's Caregivers 304-2551397
- Autism 304-255-2550

Transportation

• Raleigh County Community Action Association (RCCAA) 304-252-6396

Utility Assistance

- DHHR 304-256-6930
 - The Low Income Energy Assistance Program assists eligible households with the cost of home heating
- <u>Dream Center</u>304-252-3402 (Helps with some utilities)

Veteran

• <u>Veteran's Administration</u> 304-255-2121

Women's Services

- Women's Resource Center 304-255-4066;
 - 304-255-2559 or 1-888-825-7836
 - o Support shelter for victims, survivors and witnesses of domestic and sexual violence

Teens

- Muster Seed (?)
 - o Focuses on male youth and the positive aspects of being Black in America. For boys 6 to 14 years old

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